Jackson Care Connect wants to make sure you have access to behavioral health care, which is a term used to refer to three services: substance use treatment, recovery support and mental health care. **These services are available at no cost to you.** This guide shows you the substance use treatment providers, opioid treatment programs, and primary care clinic substance use treatment providers in the Jackson County area. You'll also find other substance use treatment resources and statistics.

We're here to help. If you need more information or extra help, you can call Customer Service at 541-500-0567. 855-722-8208 or TTY 711.

If you're facing one of these situations, you're not alone. We can help.



Feeling overwhelmed



Afraid you'll never get well



Not sure you'll find the right counselor



Feel like you don't have the time to get help

It may seem impossible, but you can start getting the help you need with one call.



Substance use treatment

- Withdrawal management programs
- Medication for addiction treatment (MAT)
- In-person and virtual visits and counseling



Recovery support

- In-person care
- · Personal advocacy
- Peer support

Getting help is easy: find a provider listed in this guide and make the first call today.



Substance use treatment providers

Addictions Recovery Center (ARC)

1025 E Main St Medford, OR 97504 541-779-1282

8 a.m. to 5 p.m. Monday through Friday

Intake: Walk-ins, currently all virtual

addictionsrecovery.org

Services available:

- Medically-monitored withdrawal management
- Residential program
- Intensive outpatient services
- Outpatient services
- Mental health services
- Transition housing
- DUII flex program

- Medication for addiction treatment
- Gambling awareness program
- Domestic abuse awareness program
- Pet program

Kolpia Counseling Services

611 Siskiyou Blvd, Ste 8 Ashland, OR 97520 541-482-1718

Fax: 541-482-0964

836 E Main St, Suite 6 Medford, OR 97504 541-500-8023 Fax: 541-500-8065

8 a.m. to 7 p.m. Monday through Friday

Intake: By appointment, currently all virtual

info@kolpiacounseling.com kolpiacounseling.com

Services available:

- Outpatient mental health
- Substance use disorder treatment: intensive, outpatient and education
- State-certified DUII provider
- Individual, group and family counseling
- 14+ years old for outpatient substance use treatment

- Integrative modalities such as:
 - » EMDR
 - » Family therapy
 - » Art and expressive arts therapy
 - » Somatic therapy

OnTrack

300 W Main St Medford, OR 97501 541-772-1777 Fax: 541-734-2410

8 a.m. to 8:30 p.m. Monday through Thursday 8 a.m. to 5 p.m. Friday and Saturday Intake: Assessment

appointments can be either walk-in or set up by phone ontrackroguevalley.org

- Substance use, mental health and addiction treatment
- DUII education and rehabilitation
- Domestic abuse alternatives program
- Medication for addiction treatment supportive counseling
- Anger management, adolescent programs minor in possession

- Teen DUI and outpatient
- Group and individualized substance use treatment
- Family recovery counseling— HIV prevention
- Residential programs
- Peer support services
- Programs are offered in Spanish

Phoenix Counseling Center

149 South Main St Phoenix, OR 97535 541-535-4133 Fax: 541-535-5458

9 a.m. to 6 p.m. Monday through Friday

Intake: Currently all virtual

info@phoenixcounseling.org phoenixcounseling.org

Services available:

- Outpatient substance use counseling
- Intensive outpatient substance use counseling
- Relapse prevention
- Outpatient mental health counseling
- Co-occurring disorder counseling
- Outpatient adolescent substance use and mental health counseling

- Trauma counseling
- Family connections (pregnant/new parents and babies)
- DUII education and rehabilitation
- Parenting skills
- Mindfulness groups
- Medication for addiction treatment and supportive counseling
- Most services also available in Spanish

Opioid treatment programs

Medford Comprehensive Treatment Center

777 Murphy Rd Medford, OR 97504 855-796-8516

Business hours:

5 a.m. to 3 p.m. Monday through Friday, 6-9 a.m. Saturday

Medication hours:

5:30-11:30 a.m. Monday through Friday, 6-9 a.m. Saturday

ctcprograms.com/location/ medford-comprehensivetreatment-center

Services available:

- Medication for addiction treatment for adults age 18 and older
- Counseling
- Methadone maintenance
- Suboxone maintenance

- Buprenorphine maintenance
- Most services also available in Spanish

Medford Treatment Center

750 Biddle Rd Medford, OR 97504 541-617-4544 Fax: 541-690-1994

On-call: 541-326-6303

Counseling hours:

5 a.m. to 1 p.m. Monday through Saturday or by appointment

Medication hours:

5:30-9:30 a.m. Monday through Friday, 6:30-9:30 a.m. Saturday ortc.care

- Medication for addiction treatment
- Counseling
- Assessments
- Opioid overdose prevention medication

Boulder Care

100% telemedicine 888-595-5427

8 a.m. to 7 p.m. Monday through Friday, 9 a.m. to 2 p.m. Saturday

Self-enroll:

boulder.care/enrolling

Services available:

- Substance use and addiction treatment
- Medication for addiction treatment (suboxone, buprenorphine, naltrexone, acamprosate, etc)
- Naloxone
- Online outpatient services
- Peer support services
- Care coordination and care navigation services

HRBR: Harm Reduction and BRidges to Care

Registration: 503-494-8505* Scheduling: 503-494-2100

Noon to 8 p.m. Monday through Friday

Virtual visits only

ohsu.edu/school-of-medicine/ general-internal-medicine/harmreduction-bridges-care-hrbr

Services available:

- Medication for addiction treatment (buprenorphine, naltrexone, acamprosate, etc.).
- Naloxone

* Even members who have been seen at OHSU recently should call registration and let them know you want to verify information. Some community partners have access to phones, scheduled time with HRBR or other resources.

Primary care clinic substance use treatment providers

Services available to assigned primary care patients

Rogue Community Health

19 Myrtle St Medford, Oregon 97504 541-773-3863

8 a.m. to 7 p.m. Monday and Wednesday, 8 a.m. to 6 p.m. Tuesday, Thursday and Friday 99 Central Ave Ashland, OR 97520

8 a.m. to 6 p.m. Monday through Friday

8385 Division Rd White City, OR 97503

7:30 a.m. to 6 p.m. Monday through Friday roquecommunityhealth.org

- Medication for addiction treatment
- Mental health outpatient therapy
- Substance use disorder outpatient therapy
- Crisis Intervention
- Medication management

La Clinica

Appointments: 541-618-1300

laclinicahealth.org

3617 S. Pacific Hwy Medford, OR 97501

8 a.m. to 6:30 p.m. Monday through Friday,

1307 W Main St Medford, OR 97501

8 a.m. to 6:30 p.m. Monday through Friday

910 S. Central Ave Medford, OR 97501

8 a.m. to 6 p.m. Monday through Thursday and 8 a.m. to 5 p.m. Friday 4940 Hamrick Rd Central Point, OR 97502

7 a.m. to 6:30 p.m. Monday and Wednesday, 7 a.m. to 5:30 p.m. Tuesday, Thursday and Friday

730 Biddle Rd Medford, OR 97504

8 a.m. to 6:30 p.m. Monday through Friday

221 W Stewart Ave, Suite 101 Medford, OR 97501

8 a.m. to 6:30 p.m. Monday through Thursday

Services available:

- Mental health and substance use brief therapy services
- Medication for addiction treatment, to include MAT services for pregnant people
- Medication management
- Opioid overdose prevention medication
- Services available in Spanish

Oasis

1025 East Main St, Suite 108 Medford, OR 97504 541-200-1530 Fax: 541-772-0284

8 a.m. to 5 p.m. Monday-Friday **Intake:** Phone or walk-in *oasiscenterroguevalley.org*

- Medication for addiction treatment (MAT)
- Peer support services
- Behavioral health
- Child-watch and family support services

- Care coordination
- Multi-disciplinary team
- Prenatal care for people using substances
- Pediatric care available for children

Jackson County Syringe Exchange Program

140 South Holly St Medford, OR 541-774-8209

Located on the first floor of the HHS Parking Garage.

Syringe Exchange Hours: 2-4 p.m. Monday, Wednesday and Friday

The Syringe Exchange Program closes at 4 p.m. Please arrive before this time to receive services. The Syringe Exchange Program is closed for government-observed holidays.

The Jackson County Syringe Exchange Program (SEP) is part of a comprehensive, evidence-based public health approach that helps prevent the spread of HIV/AIDS, hepatitis C and other bloodborne pathogens among people who use injection drugs, their families and the community.

Services include:

- Services are anonymous
- Exchange used points for new points, a one-for-one exchange
- Safe injection supplies
- Wound care supplies
- Safer sex supplies
- Risk reduction counseling
- Referrals to medical care, HIV and STD testing and treatment, naloxone, mental health, alcohol and drug treatment, and medication for addiction treatment (MAT)
- Naloxone kits are provided on Wednesdays through HIV Alliance
- Fentanyl test strips

Jackson County Syringe Exchange program ground rules:

- 1. We need to take in the same number of syringes that we give out.
- 2. We need to see the number of used syringes somebody is exchanging.
- 3. We have the final say on the number of syringes exchanged.
- 4. We respect clients and we ask them to please respect us.

Oregon's Good Samaritan Overdose Law

If someone is overdosing in Oregon and you seek medical help, neither of you can be arrested or prosecuted for:

- Possessing drugs or drug equipment.
- 2. Being in a place where drugs are used.
- 3. Violating probation or parole because of #1 or #2.
- 4. Outstanding warrants related to #1 or #2.

Substance use treatment resource list

Information on MAT:

thenationalcouncil.org/mat

Medford-area AA meetings:

medfordareaaa.org/meetings www.jccoaa.org

southernoregonna.org

ddaoregon.com/meeting.htm

Medford area NA meetings:

Recovery Café:

reclaiming-lives.org/recoverycafe

Substance use treatment information and stats

- In 2016, about 7.5% of Americans age 12 and older were classified as having a substance use disorder.
- Treatment, including MAT, in conjunction with counseling or other behavioral therapies, has been shown to reduce alcohol and other drug-associated morbidity and mortality, improve health, productivity and social outcomes and reduce health care spending.
- Less than 20% of individuals with substance use disorders receive treatment.
- An average of five Oregonians die every week from opioid overdose. Many involve multiple drugs including pharmaceuticals and illicit opioids.
- Medication-assisted treatment (MAT) explained:
 - » MAT does not trade one addiction for another.
 - » It can help with long-term recovery.
 - » It decreases the risk of overdose.
 - » MAT assists, and does not interfere, with a person's recovery.
 - » Most Insurances cover MAT, including Jackson Care Connect.
 - » There are numerous medication options based on the variety or severity of addictions.
 - » MAT is evidence-based and is the recommended treatment for opioid addiction.

You can get this letter in other languages, large print, braille or a format you prefer. You can also ask for an interpreter. This help is free. Call 800-224-4840 or TTY 711. We accept relay calls. You can get help from a certified and qualified health care interpreter.

