

# Oral evaluation for adults with diabetes

## *OHA technical specifications<sup>1</sup>*

**Who:** All patients aged 18 years or older with type 1 or type 2 diabetes during the measurement year or the year prior to the measurement year (i.e., a diabetes diagnosis since January 1, 2022) identified through medial or pharmacy claims.

**Why:** Oral health and diabetes have a bidirectional relationship. Poorly managed diabetes can increase the prevalence and severity of periodontal disease. Oral health conditions can negatively impact HbA1c levels. Periodontal treatment is associated with glycemic control improvement and improved health outcomes. Lack of oral health care has also been linked to costly emergency department visits, where prescription pain medication may be the only treatment available.<sup>2</sup>

**What:** Percent of members who received a comprehensive, periodic, or periodontal oral evaluation in the measurement year.

### **How:**

- Incorporate simple oral health screening questions to evaluate the need for a referral to dental care.
- For patients needing dental care, place a referral either through CareOregon's provider portal or another internal referral process. For additional dental support, refer to your region's dental webpage in the resources, below.
- Provide oral health education and messaging about the importance of completing a dental visit. Behavioral health clinicians (BHCs) can evaluate barriers to attending dental referrals, such as anxiety. BHCs can follow up with patients after their dental appointment to see if the appointment was completed and, if it wasn't, explore barriers to engagement. After completing dental appointment, BHC can help with implementation of health behaviors.
- Refer to CCO-specific dental brochures that are printed for each region. These brochures explain the importance of oral health, the dental benefit package and how to connect to your dental plan. Due to COVID, these are also available on the dental resources webpage. For additional dental support, refer to your region's dental webpage in the resources, below.
- For further support, please reach out to your clinic's Quality Improvement Analyst, Innovation Specialist, or Dental Innovation Specialist.

### **Exclusions**

Patients identified with polycystic ovarian syndrome, gestational diabetes or steroid-induced diabetes but who do not have a diagnosis of Type 1 or Type 2 diabetes in any care settings. Patients in hospice or palliative care or who have died at any time during the measurement year. Medicare members aged 66 and older as of December 31 of the measurement year enrolled in an institutional SNP (I-SNP), or living long-term in an institution, or who meet the criteria for frailty and advanced illness.

<sup>2</sup>NASHP (National Academy for State Health Policy):

<https://nashp.org/wp-content/uploads/2017/09/DentaQuest-Brief.pdf>



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### Coding

**CDT codes:** D0120, D0150, or D0180.

**Note on teledentistry:** This measure may be eligible for teledentistry. While the intent of the measure is to ensure that members with diabetes had a touchpoint with the dental delivery system and had diagnoses and treatment planning, these activities as documented in the claims data by the dentist/ dental health provider is based on their clinical judgment. If the rendering provider documents a qualifying CDT code (D0120, D0150 or D0180) in the claims form, the visit will be counted in the measure, irrespective if the visit was virtual (teledentistry) or in person.

### Resources

CareOregon Dental: [Provider Diabetes Education – Member Diabetes Education](#)

Jackson Care Connect Dental: [Provider Diabetes Education – Member Diabetes Education](#)

Columbia Pacific CCO Dental: [Provider Diabetes Education – Member Diabetes Education](#)

#### Performance Measure Set:

CCO Incentive Metric  Medicare Star Measure

#### Quality Measurement Type:

Structure  Process  Outcome  Patient Experience

#### Data Type:

Claims  Chart Documentation  eCQM  Survey  Other

#### Medicaid State Benchmark:

20.4% (2020 CCO 75th Percentile)

<sup>1</sup><https://www.oregon.gov/oha/HPA/ANALYTICS/CCOMetrics/Final-2023-Oral-Evaluation-for-Adults-with-Diabetes-Specifications.pdf>

<sup>2</sup>NASHP (National Academy for State Health Policy):

<https://nashp.org/wp-content/uploads/2017/09/DentaQuest-Brief.pdf>