



Community Advisory Council (CAC)
Monday, April 8, 2019 Noon-2:00pm
Starting Strong

Summary of Minutes

Call to Order:

Co-Chair called the meeting of the Jackson Care Connect (JCC) Community Advisory Council (CAC) at 12:10pm. March minutes were approved.

Coordinated Care Organization (CCO) Request For Application (RFA) Update & Letter of Support: Hannah The CAC reviewed the JCC Letter of support for another CCO five-year contract with Oregon Health Authority (OHA) beginning January 2020. Don noted that JCC works in the spirit of the law, not just the letter of the law. CAC feels they are an integral part of JCC. The CAC has been involved in the development of two Community Health Assessments (CHA), have JCC Board representation, and in the spirit of feeling integrated in the JCC work- the CAC fully supports JCC's application for an ongoing CCO contact beginning in January 2020.

Community Health Improvement Plan (CHIP) Workgroup updates: CAC Committee members
Housing Workgroup: The workgroup is organized, using a handbook to help guide the process. Don, Jackson and one member are on this workgroup. The participants are currently looking at the themes of the CHA to address the issues and identify any gaps of importance to the workgroup. The workgroup members are reviewing the work of the CHIP at a community (population) level versus a JCC member level.
Behavioral Health Workgroup: Member reported that the group is defining their goals. They are concerned that there are a lot of goals – they need to refine to a manageable level.
Parenting & Life Skills Workgroup: Belle reported there is a lot of discussion and ideas generated from this group. They are defining the process – ensuring they have diverse voices, timeline by working with co-chairs to get to their stated outcomes. The committee is also identifying gaps in the CHA that will be important to include in their work/goals/outcomes. There is an overlap between issues from one CHIP committee to another, such as housing. Housing affects other sectors of the CHIP work. There will need to be a balance and coordination of work as to not duplicate efforts. Hannah stated if any committee had any questions, concerns, or feedback about the workgroups and or their work, please contact her.

CAC Conference summary: Co-Chair/Don/Michelle

Co-Chair, Don and Michelle attended the 2019 CAC Conference which was held on March 19-20, 2019 at the Embassy Suites by Hilton Portland Airport, Portland, Oregon. Co-Chair and Don reported out their key take away from the conference:

- Don: Stated he found two sessions of tremendous value: 1). Implicit Bias and 2). Diversity within the CAC. **Implicit Bias** - the presenter used a non-judgmental way of presenting the information by using gray box symbols – taking the stigma away. Don recommended that JCC should invite the presenter to the Rogue Valley to provide training. **Diversity within the CAC** - The session outlined how to create a more diverse CAC. The CAC needs real work with results.
- **CAC Discussion:** To recruit new members the CAC should listen more to JCC members and to talk less. Asking “How’s it going” Building relationships and trust.

- Co-Chair: Stated at first, he was disappointed in the conference. The second day the conference was “quite good.” The venue and networking was great. People connected – having time to share experiences was very rewarding.
- Nancy: JCC CAC Coordinator thanked Co-Chair, Don, and Michelle for attending the CAC Conference. Nancy also shared her appreciation of Don’s statements about the important of understanding implicit bias, and building trust, listening skills, and support.
- **Next Steps:** Don suggested the CAC build a recruitment and CAC orientation work plan for the year. Member meetings will begin in the fall 2019. CAC members will attend these meetings to share more about the CAC – this could be a great recruitment strategy.

CAC Recruitment postcard: Nancy

Nancy showed the draft CAC recruitment postcard. Nancy developed it based on CAC input. The CAC asked to have a change to the wording – “Raise your voice for a healthier Rogue Valley” to “Raise your voice for a healthier Jackson County.”

Next steps: Nancy will set up a Recruitment Committee Training so the CAC members can go more in-depth with this work.

2019 Spring Conference: Nancy

The CAC members should have all received an invitation to attend the April 26, 2019 spring conference: Strong Connections = A Healthy Community. The CAC will have a table for individuals to learn about the CAC. Nancy will be working the CAC table and asked for volunteers to join her.

Nancy stated that the members should register as soon as possible. All members should have received a code to include in the registration to waive the \$10.00 fee. If CAC members need a ride to the conference, please call Nancy to set up the ride.

Strong Families Block Party: Nancy

JCC will be holding a Strong Families Block Party on May 18, 2019 from 11:30 am – 3:00 pm. The city will block the section of Oakdale – 4th Street for the celebratory party. There will be booths and tables from our community partners at the event. The block party focus is on: babies that are starting strong; to strong youth; to strong teens; and strong families. Nancy will be setting up volunteers for the event.

Oregon Health Authority (OHA) Updates Belle

Belle Shepherd provided an OHA update.

Equity, Diversity, and Inclusion Activity: Nancy

Nancy set-up an activity of ‘privilege’ for all in attendance. Nancy read a statement and if the participant did not identify with the statement they would make a tally mark. The group discussed how the exercise felt at an individual level.

Word on the Street:

- Kudos to Nancy for providing the Spanish/English discussion today at the CAC.
- CAC member reported out about the Deaf Workgroup: The meeting will be on 04.09.2019. The purpose of the group is to discuss access to health care for individuals that have language barriers. The group will be discussing how to identify providers that communicate in languages other than English. The workgroup will develop objectives and strategies for their work. Bring some of the issues back to the CAC for learning and feedback
- CAC member’s child will be starting Head Start in September 2019. The program will include parents/children from Central Point, Eagle Point, White City, and Shady Cove.
- CAC member shared how many individuals they see in Alba Park that are experiencing

homelessness. CAC members reflected on this growing concern.

- CAC member shared that someone he knows has barriers to receiving insulin for diabetes. Lisa Hendricks to follow up with the CAC member.

The meeting was adjourned at 1:57pm. Next meeting is May 13th, 2019 from Noon to 2pm.