

Jackson Care Connect 2026 Virtual Learning Series

Advancing Health Equity, Access & Quality Care

jacksoncareconnect.org



A dynamic, free virtual learning series designed to empower professionals in physical and behavioral health and community-based organizations. Enhance your skills and **earn Continuing Education Units (CEUs) and Continuing Medical Education credits (CMEs)** in support of providing members with high-quality, compassionate, informed care



JCC Learning Series Core Values

- **Valuable sessions** on timely topics for professionals in physical and behavioral health, health equity, and community engagement.
- **Practical tools and strategies** to improve access, outcomes, and culturally connected care.
- **Cultivating network connections** to build collaboration across systems of care

Learning virtually



- ✓ Please mute yourself, unless you would like to ask a question verbally.



- ✓ Use the chat liberally, we'll be keeping an eye out for questions and feedback



- ✓ Engage and ask questions, share feedback.
- ✓ Click on the three dots "MORE" to access more functions and make the learning experience work for you.



CEUs Requirements



- ✓ Participate in the entire length of the session.
- ✓ By doing so, your name will be included in a session roster that will be submitted to NASW.
- ✓ Complete the required evaluation within 10 days of the session. You will receive this via email.

American Academy of Family Physicians (AAFP) CME

The AAFP has reviewed Connecting Care, Saving Lives: Collaborative Approaches to Suicide Prevention 2.00 Live AAFP Prescribed credit(s).

Term of Approval is from 09/10/2026 to 09/10/2026. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Connecting Care, Saving Lives: Collaborative Approaches to Suicide Prevention

September 10, 2026

jacksoncareconnect.org



Suicide prevention work often begins with stories of struggle, but it is equally a story of resilience, recovery, connection, and hope.

While we will discuss serious and sometimes difficult realities, we also want to recognize the strengths of individuals, families, communities, and professionals working to make a difference.

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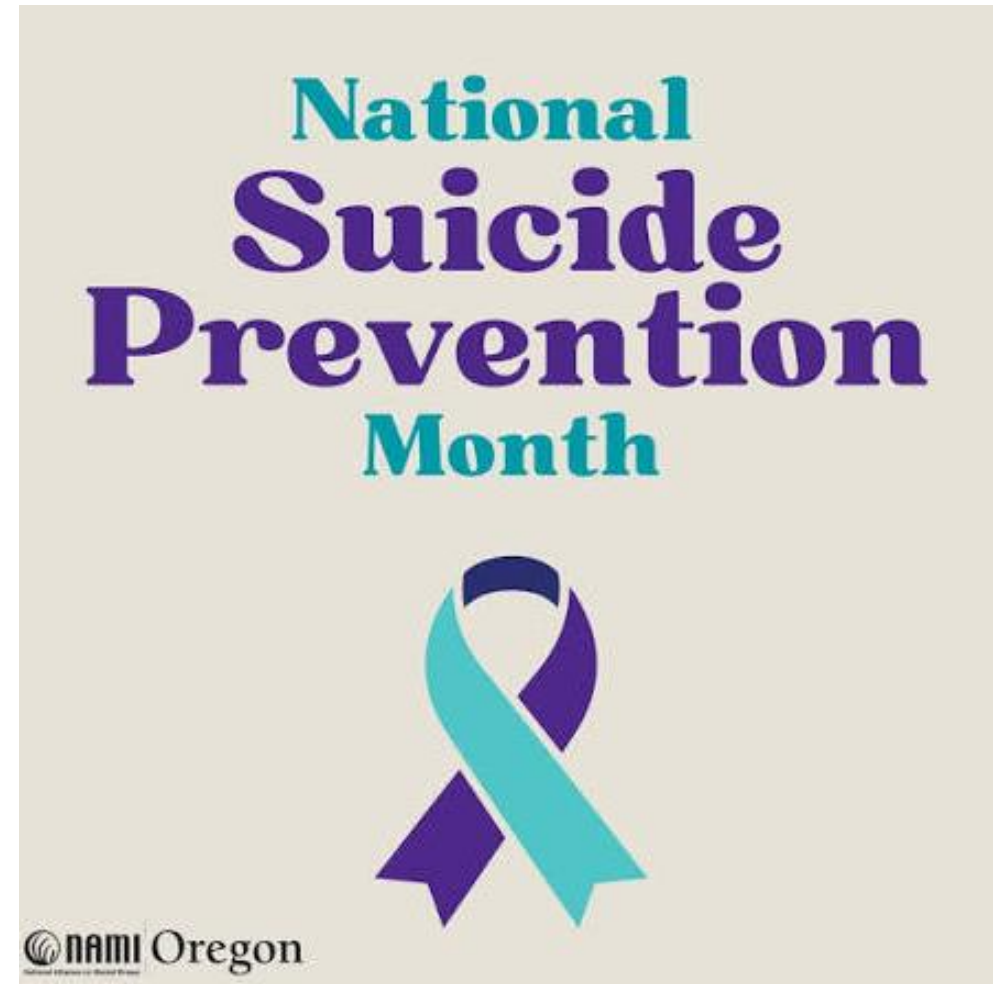
September is Suicide Prevention Month

Call for ACTION!

Learn from
Local and
Statewide
experts

Gain skills
to save
lives

jacksoncareconnect.org



Learning together today



- **Jackson Care Connect's role in Suicide Prevention:**
How we monitor and support quality care across the health network.
 - Julia Jackson, Director Behavioral Health
- **Local Crisis Response Partnerships Crisis Response**
 - Mercy Flights
 - Jackson County Mental Health
 - 988 Coordination
- **Statewide Suicide Prevention**
 - Oregon Health Authority Youth Suicide Prevention Team
- **Panel Discussion-facilitated by Karsten Peterson**
 - Cross-system collaboration
 - Opportunities to strengthen prevention and response efforts

Jackson Care Connect Panel Moderators

jacksoncareconnect.org



Julia Jackson, LPC she/her
Director, Behavioral Health



Karsten Peterson, LCSW
she/her
Program Manager,
Children Youth & Families





Shanda Hochstetler, MSW
she/her/hers
Youth Suicide Prevention,
Intervention, & Postvention
Program Coordinators- OHA



Roger Brubaker, MPH *he/him/his*
Youth Suicide Prevention,
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Christopher Nathe, MS
he/him/his
Director of Clinical Personnel-
Lines for Life



Sabrina Ballew, CP-P (Community
Paramedic - Certified)
Mobile Integrated Health Care
Manager



Rick Rawlins, LCSW
Crisis Services and Abuse
Investigations Managers- Jackson
County Mental Health

Suicide Prevention is shared responsibility

Where will you take action?

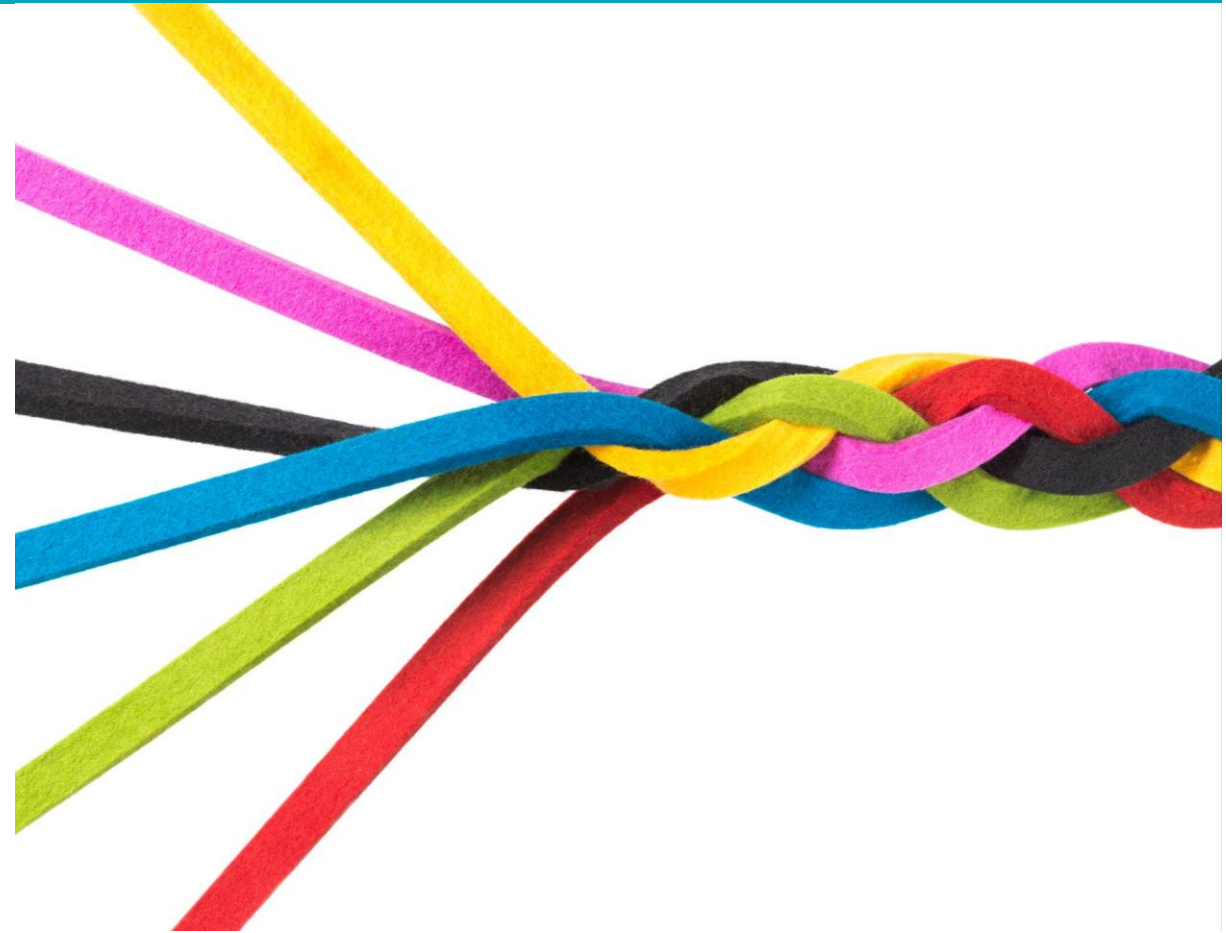
- ✓ Identify one opportunity to strengthen follow-up care,
- ✓ Improve real time coordination,
- ✓ Deepen your partnership with crisis response.



Jackson Care Connect

Member Care for Suicide Prevention

- Connecting members to timely follow-up after suicide attempts and ideation
- Supporting recovery through interventions to reduce readmission for suicide attempts
- Using real time data platforms to receive notifications of hospitalization to ensure proactive outreach and care management.
- Bringing together cross-system partners to improve coordination and crisis response and continuity of care.



Jackson County Mental Health Mobile Crisis

A partnership with JCMH
and Mercy Flights Mobile Integrated Health

Mobile Crisis Services

What is Mobile Crisis

- Mental Health Crisis teams that come to you
- Respond any time (24/7/365) to anyone, any age, anywhere in Jackson County

Who will respond

- JCMH Crisis staff (QMHP & QMHA)
- Mercy Flights MIH staff
- Typically do not respond with law enforcement, unless indicated due to safety issues

Mobile Crisis Services

How to Request Mobile Crisis

- Call "988"
- If unable to resolve situation over the phone, can request mobile crisis response

Additional Crisis Supports

- Crisis team can provide after hours / weekend support for individuals needing additional supports as part of safety plan

Care beyond the call.

Mobile Integrated Healthcare that brings clinical care, navigation, and trusted follow-up into the community.

Sabrina Ballew | MIH Program Manager

MIH Program Overview



One program, built around the person

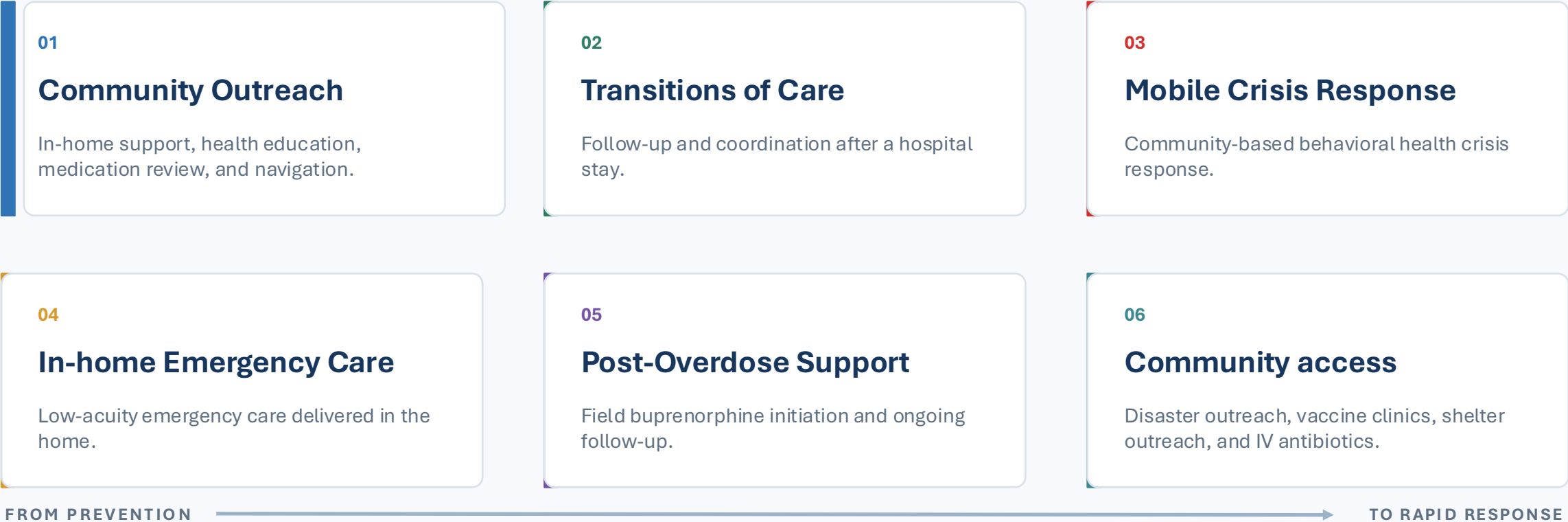
A flexible, multidisciplinary approach across urban, rural, and frontier communities.





A portfolio designed to prevent crisis

Services span proactive care, rapid response, and system redesign.



A Multidisciplinary Team Approach

Collaboration is the cornerstone of MIH care delivery.



Hub-and-spoke care coordination model

Services Offered

- Social Determinants of Health (SDoH Assessments)
- Medication Review and Education
- Chronic Disease Education
- Mobile Crisis Response/De-escalation
- Home Assessments
- Fall Risk Assessments
- Substance Use and Alcohol Use Disorder Assessment
- Point of Care Treatment
- Durable Medical Equipment (DME) Assessment/Delivery
- Resource Connection
 - Primary Care Providers (PCP)
 - Mental Health Treatment
 - SUD and AUD Treatment
 - Community Support Agencies



A team embedded in the community

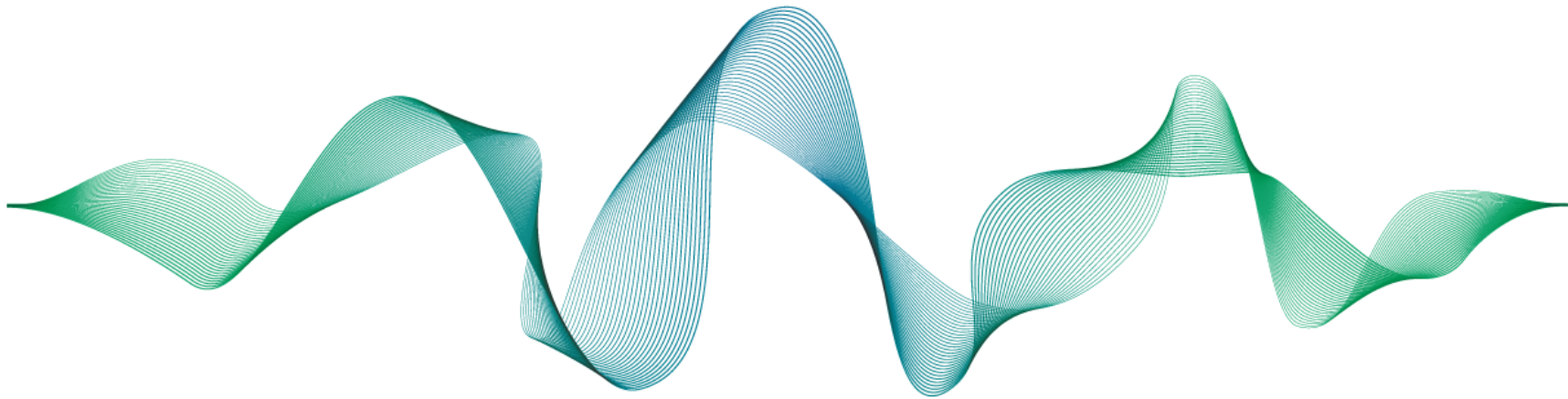
Who does the work, and who we do it with.

Closing thought

“We interrupt crisis together, as neighbors.”

Local people, local partners, care that shows up early.

Thank you!



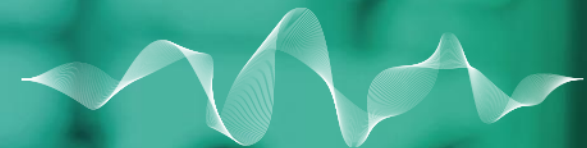
Oregon 988 Calls, Chats & Texts



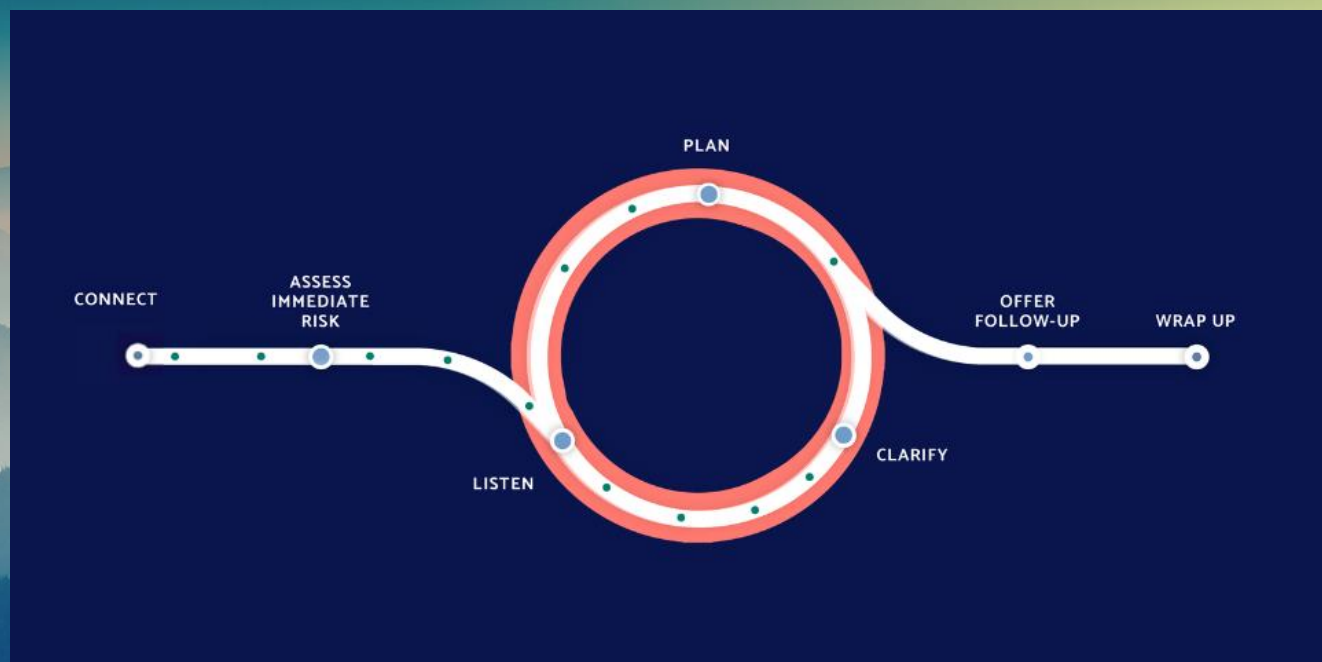
What is 988?

988 is the national Suicide & Crisis Lifeline. It provides free, confidential, 24/7 support for anyone experiencing:

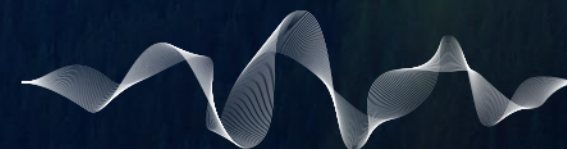
- Suicidal thoughts
- Mental health distress
- Substance use concerns
- Emotional crises or overwhelming life challenges
- Just needing a place to talk



What to Expect on a Call



- Active Listening
- Risk Assessment
- Suicide Safety Planning
- Emotional Support
- Follow-up
- Potential warm-transfer



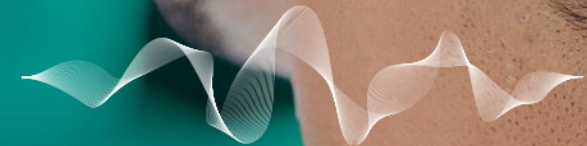
How 988 Can Help Callers

- Humanistic Counseling Model
- Trauma Informed Approach
- Person-Centered
- Strength-Based
- Dedicated to finding the least invasive way to support the caller in staying safe.



Guidance of What to Do When You're Talking to Someone at Risk of Suicide

- If you feel the person is at risk, ask directly about suicide
- Ask about means
- Stay in a nonjudgmental space
- Use active listening skills
- Callback to 988 if needed



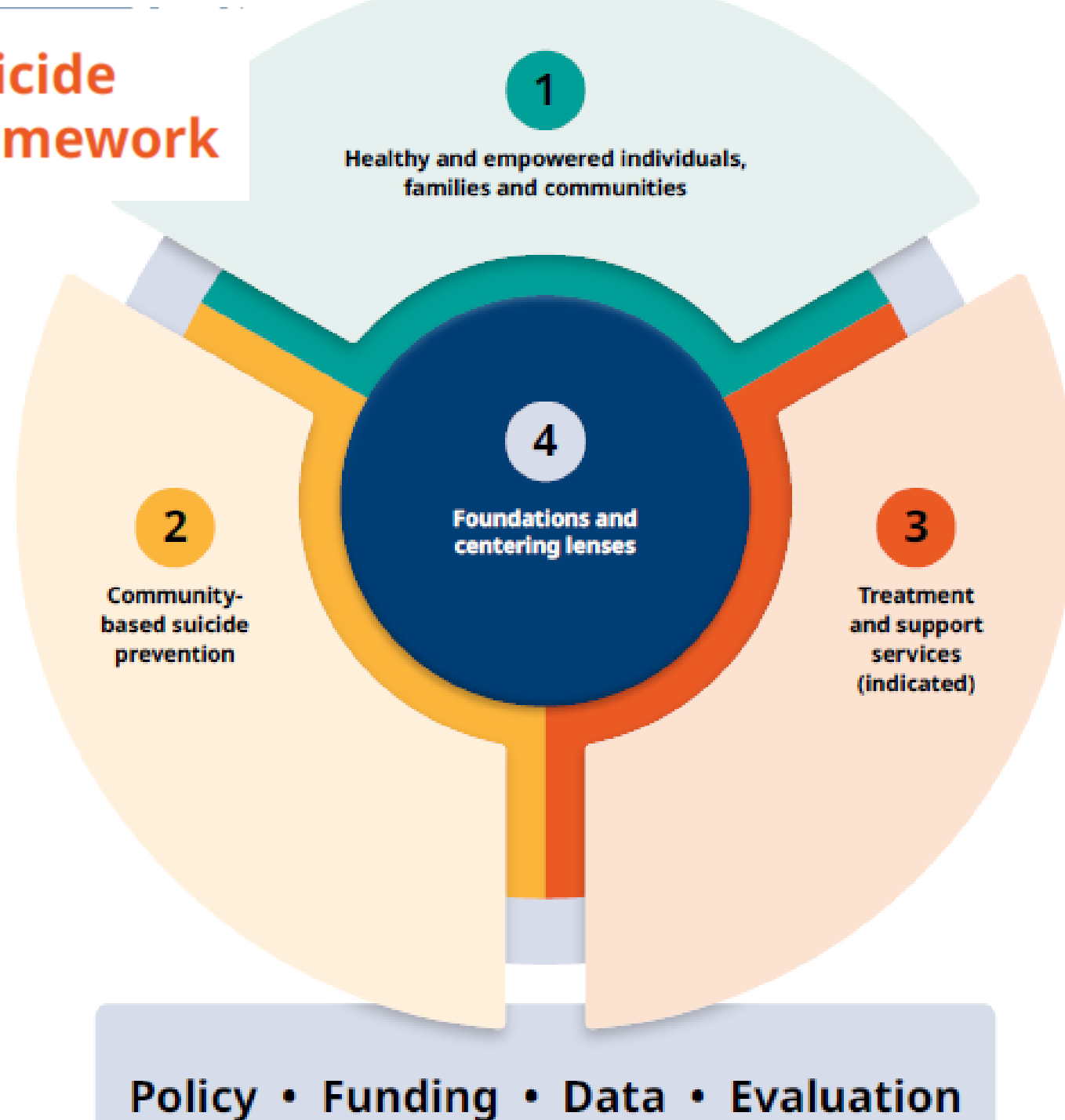
Statewide Youth Suicide Prevention, Intervention, and Postvention

Shanda Hochstetler
Oregon Health Authority
Shanda.Hochstetler@OHA.Oregon.gov

Take a breath. No, really. Do it.



Oregon Suicide Prevention Framework



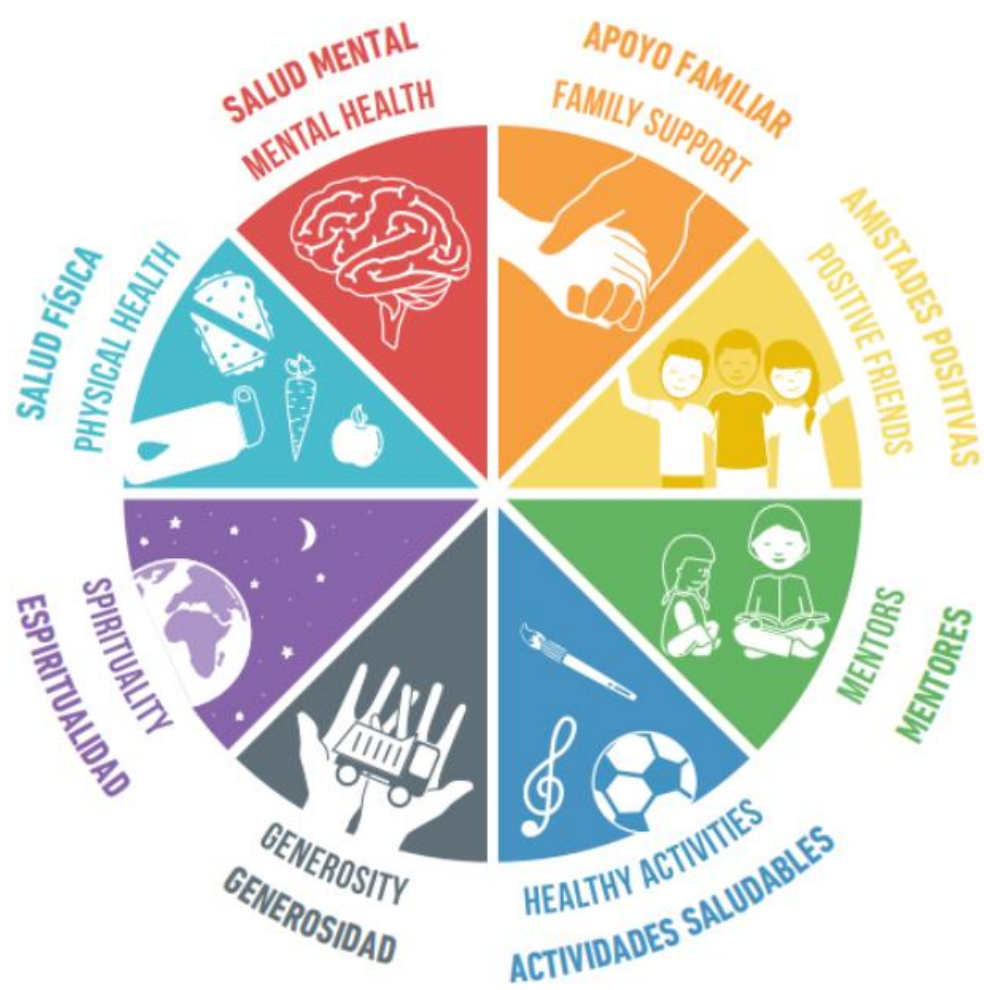
YSIPP 26-30

- [Annual report 2025](#)
- [26-30 Initiatives tracker](#)

2026-2030

Youth Suicide Intervention and Prevention Plan





SOURCES OF STRENGTH

Oregon Alliance to Prevent Suicide

Hope • Help • Healing



MISSION

The Alliance advocates and works to inform and strengthen Oregon's suicide prevention, intervention and postvention policies, services and supports to prevent youth and young adults from dying by suicide.

VISION

In Oregon all young people have hope, feel safe asking for help, can find access to the right help at the right time to prevent suicide, and live in communities that foster healing, connection, and wellness.

EQUITY STATEMENT

To achieve our vision, we acknowledge the impact of white supremacy, institutionalized racism, and all forms of oppression. The Alliance endeavors to make Oregon a place where suicide reduction and prevention is achieved for people of all ages, races, ethnicities, abilities, gender identities, sexual orientations, socioeconomic status, nationalities and geographic locations.

Black Youth Suicide Prevention Coalition (BYSPC)



OUR VISION

A world where every Black youth has access to mental health resources, feels valued and supported by their community, and has hope for their future. Where seeking help is normalized and culturally competent care is readily available.

Training Opportunities for Everyone

Youth Suicide Prevention Programming

Available at low or no cost

The Big River

Wellness and coping skills

Screen and referral

Treatment

Advanced Skills Training

Postvention

Adi's Act Support for Schools

Click on any logo for more information

Which Training Should I Take?

For School Staff
For Other Roles

Este documento está disponible en español.

Oregon Health Authority Youth Suicide Prevention Staff

Roger Brubaker, MPH
roger.brubaker@oha.oregon.gov

Jill Baker, LSC
jill.baker@oha.oregon.gov

Shanda Hochstetler, MSW
shanda.hochstetler@oha.oregon.gov

Scan QR code to download [interactive PDF](#)

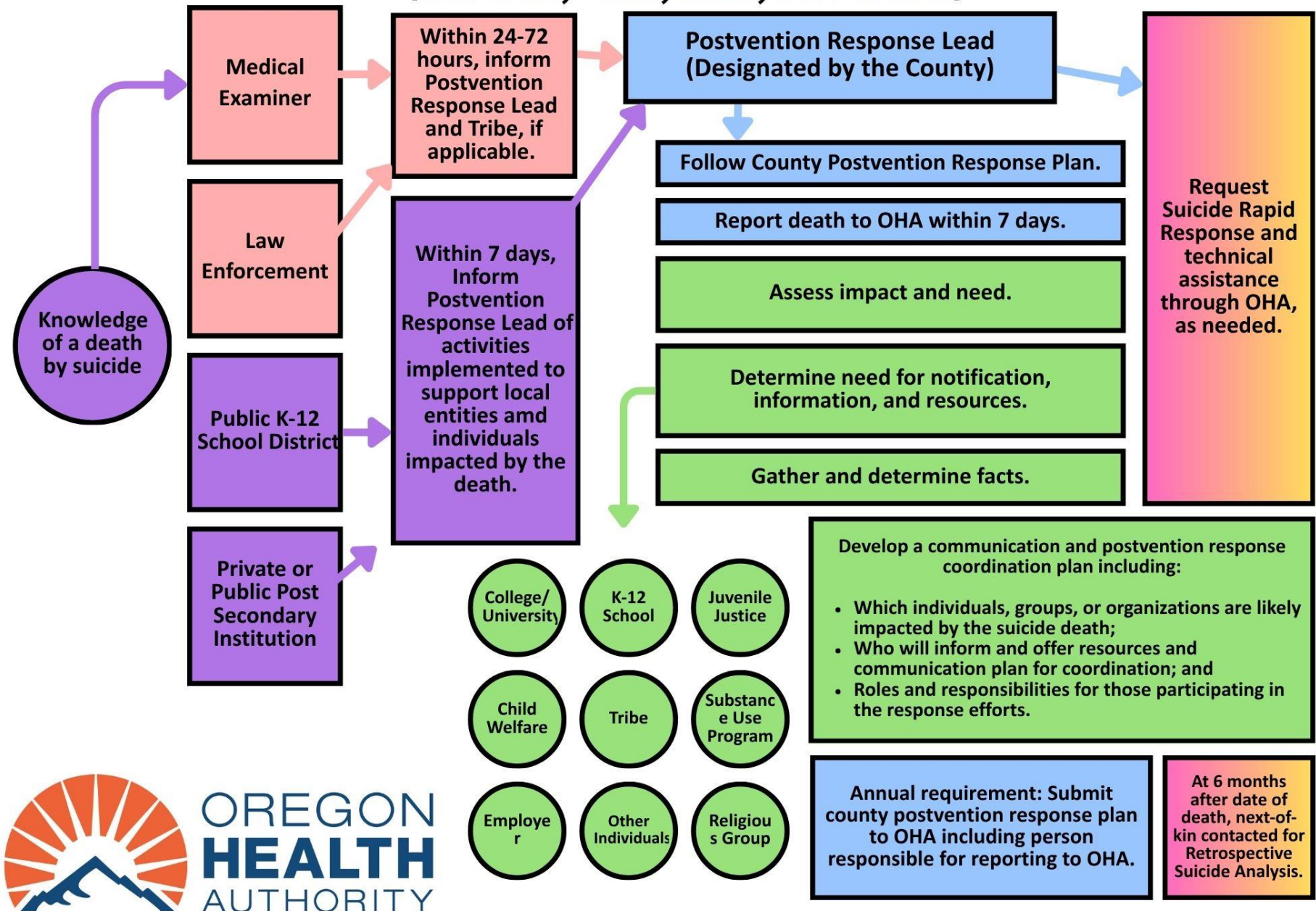
QPR – Question, Persuade, Refer
ASIST – Applied Suicide Intervention Skills Training
Youth SAVE – Youth Suicide Assessment in Various Environments
Oregon CALM – Counseling on Access to Lethal Means
Advanced Skills Training

- Collaborative Assessment and Management of Suicidality (CAMS)
- Dialectical Behavioral Therapy (DBT)
- Assessment and Management of Suicide Risk (AMSR)
- Cognitive Behavioral Therapy (CBT)
- Suicide Prevention 201 and 202

(In Spanish)

Strong Postvention is Prevention

Youth Suicide Postvention Legislation (SB 561, 485, 918, HB 3037)



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HEALTH
AUTHORITY

You're a part of this, too.

- Know that you are not alone and act accordingly.
- Lead the way.
- Connect with others
 - [Big River training programs](#)
 - [Oregon Suicide Prevention Conference](#)
(Oct 19-21, 2026)
 - [Oregon Alliance to Prevent Suicide](#)
 - [OHA Suicide Prevention Listserv](#)
 - Schools: Adi's Act & [School Safety & Prevention Specialists](#)
- You can do ANYTHING and you cannot do EVERYTHING!



Questions? Feedback?





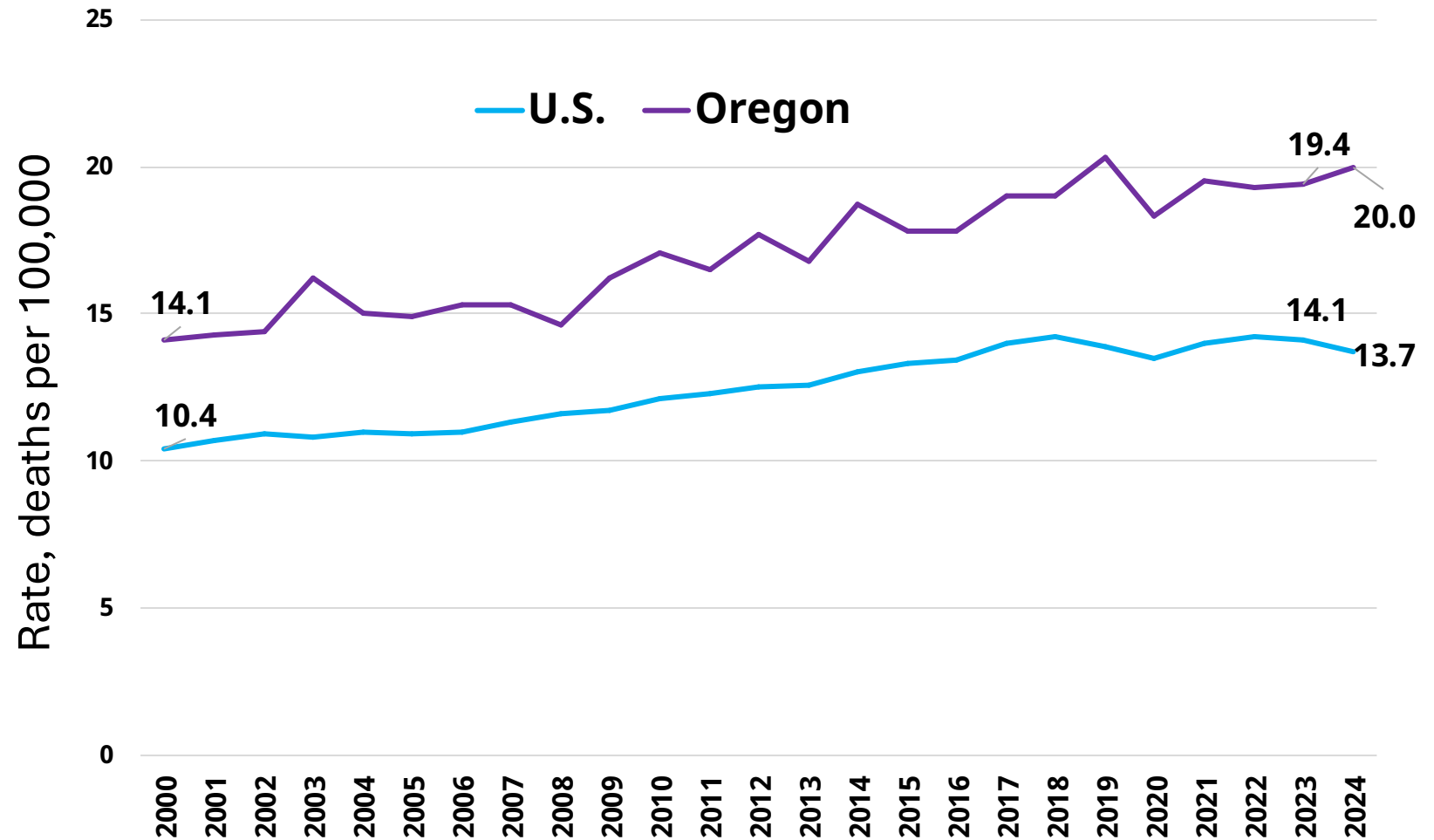
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Suicide Data in Oregon

“Statistics are people with the tears wiped away”

- Irving Selikoff

Age-adjusted rate of suicide, U.S and Oregon 2000-2024



Source: WONDER

Note on Small Numbers

Suicide Deaths and Age-adjusted Rates by County Designation, Oregon 2020-2024

Counties and communities with low counts may need to look at state, regional and national data, including qualitative data, as opposed to individual county level data.

County Designation	Average Annual Count		Average Annual Rate	
	Age 5-24	Lifespan (all ages)	Age 5-24	Lifespan (all ages)
Remote*	4	26	–	27.2
Rural	22	232	11.6	27.3
Urban	76	629	9.6	19.0
Oregon State (all counties)	101	887	10.1	20.9

* Counties that have federal designation as “frontier”

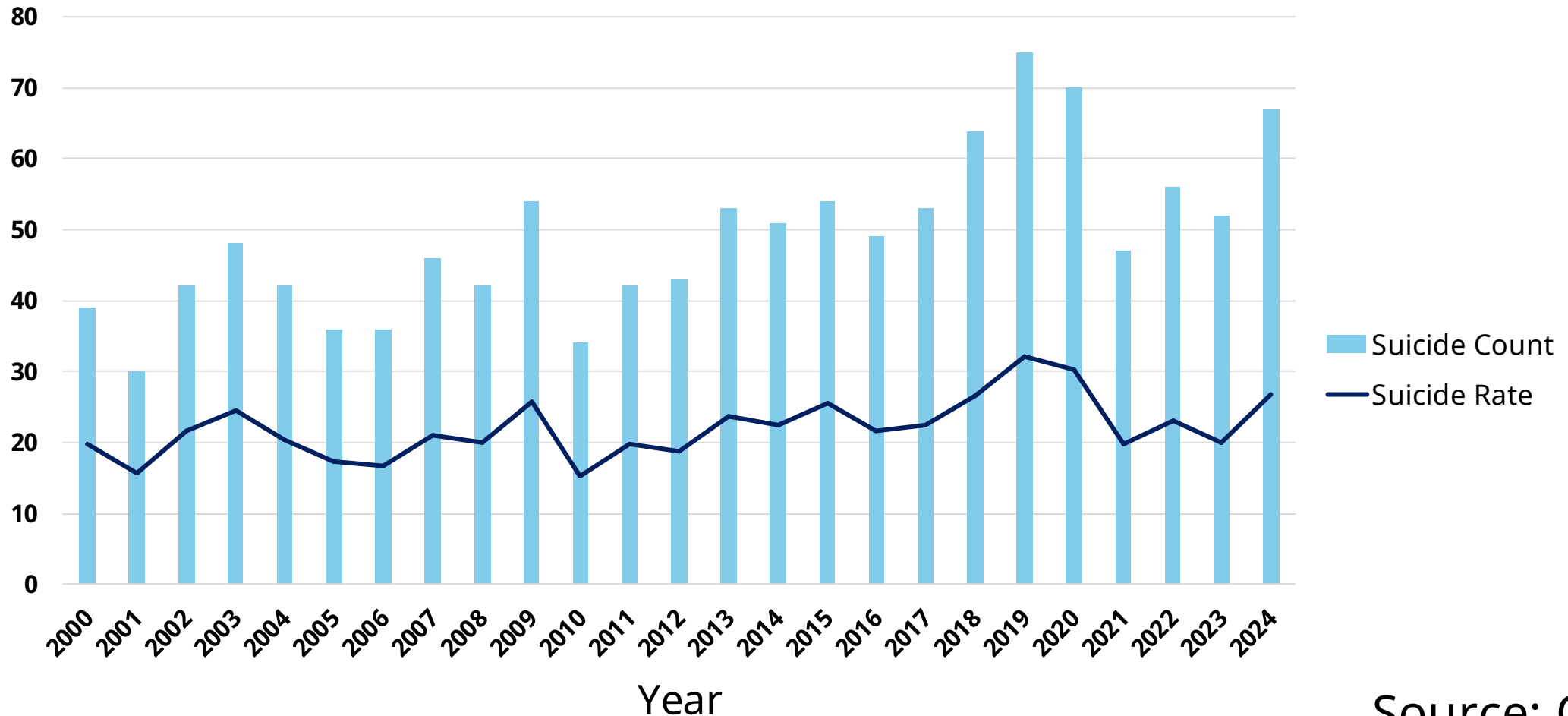
Note: Rate for youth 5-24 in frontier counties cannot be calculated.

Count Data Source: OPHAT

Population Data Source: National Center for Health Statistics

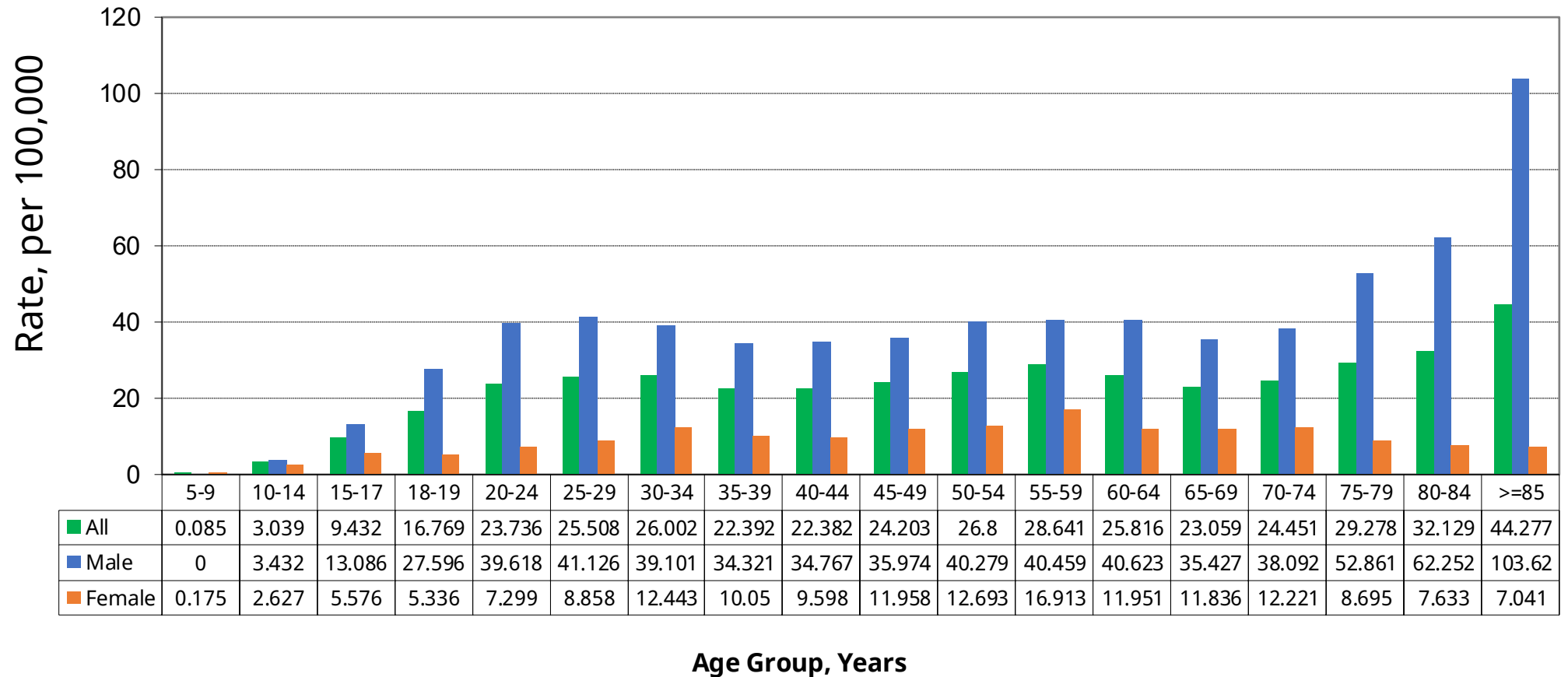
Deaths by suicide

Jackson County, OR 2000-2024



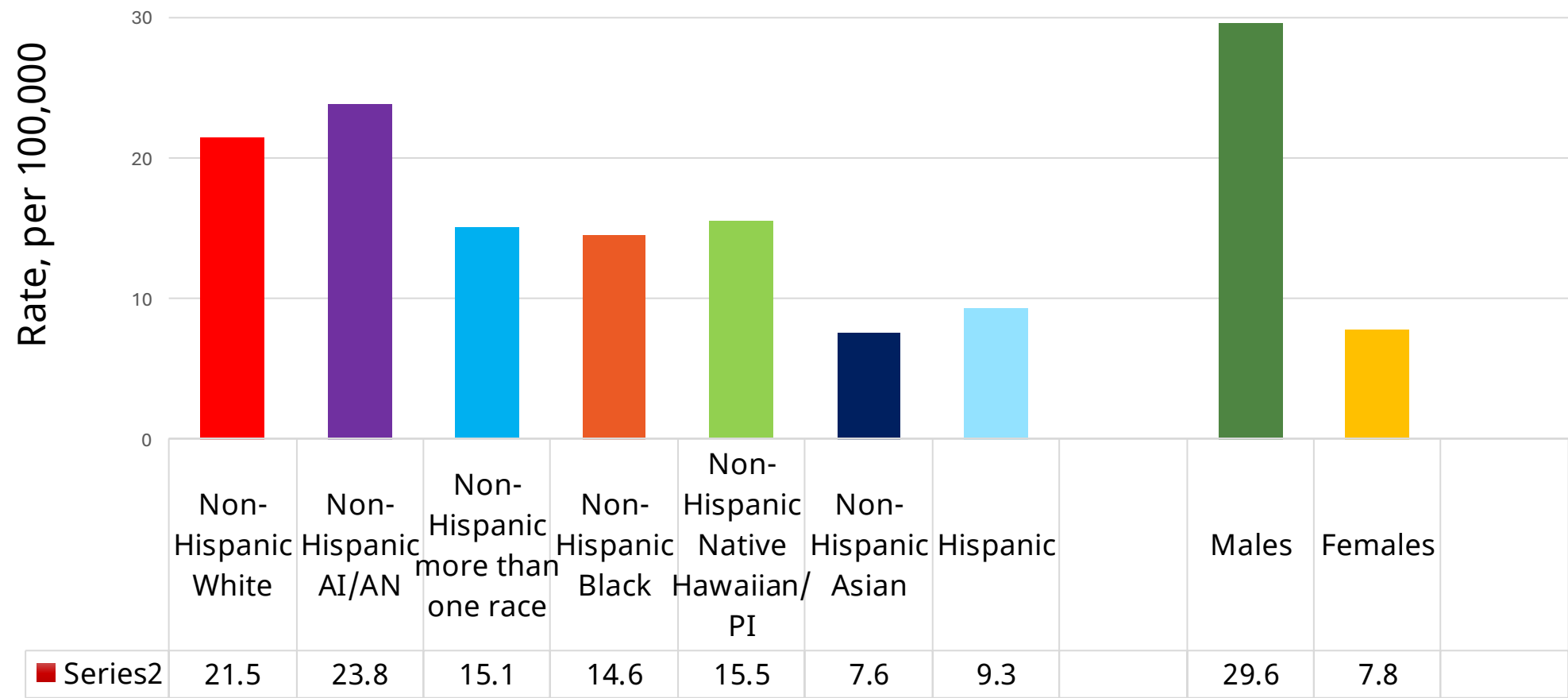
Source: OPHAT

Age-specific rates of suicide, Oregon 2020-2024



Source: OPHAT

Age-adjusted suicide rate by race / ethnicity and sex, Oregon, 2020-2024



Source: OPHAT

Methods of suicide

Youth & Adolescents 10-24

Mechanism of death	Firearm	55	54%
	Hanging/Suffocation	27	27%
	Poisoning	10	10%
	Other	9	9%

Adults ≥18

Mechanism of death	Firearms	470	55.5
	Hanging or suffocation	186	22.0
	Poisoning	128	15.1
	Other	63	7.4

Source: OVDRS

Introduction	Summary	ORVDRS Suicide Deaths	Emergency Department and Urgent Care Center Suicide-Related Visits	Technical Notes	Resources	Contact
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Same dashboard, new web address — please update your bookmarks!

If you or someone you know is struggling or in crisis, help is available.
Call or text **988** or chat 988lifeline.org

Welcome to the Suicide-Related Public Health Update Dashboard

This Oregon Health Authority (OHA) dashboard provides **monthly updates** of Oregon suicide-related data, focusing on **current total suicide-related events in major age groups**. For dashboards featuring other kinds of data, including rates and detailed demographics, please see the Resources section.

Recent data is **preliminary** and may change.

Data Sources

- **Oregon Violent Death Reporting System** (ORVDRS) suicide deaths.
- **ESSENCE emergency department** (ED) and **urgent care center** (UCC) suicide-related visits.

For an overview of these sources, please see OHA's [Injury and Violence Prevention Program Data Glossary \(.pdf\)](#).

Data Download

The underlying data used in this dashboard can be downloaded:

- [Download Monthly Data: Total Deaths and Visits by Age Group \(.csv\)](#)
- [Download Quarterly Data: Deaths by Age Group \(.csv\)](#)

How to Use This Dashboard

To navigate to the next page, use the buttons across the top of the page.

All graphs are interactive, allowing selection by year and age group. To see the exact value of any data point, hover or tap on the point and floating information boxes will appear.

All graphs also have a floating menu in the upper right, which appears on hover or tap:

https://connect-oha.acuna.cloud/suicide_updates/



Shanda Hochstetler, MSW
she/her/hers
Youth Suicide Prevention,
Intervention, & Postvention
Program Coordinators- OHA



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Mobile Integrated Health Care
Manager



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Crisis Services and Abuse
Investigations Managers- Jackson
County Mental Health

Evaluations

CEU credits require a completed evaluation.
Evaluations must be completed within 10 days.

JCC 2026 Virtual Learning Series
Evaluation: - Fill out form

JCC 2026 Virtual Learning Series
Evaluation:



Suicide Prevention is shared responsibility

Where will you take action?

- ✓ Identify one opportunity to strengthen follow-up care,
- ✓ Improve real time coordination,
- ✓ Deepen your partnership with crisis response.



Survivors of Suicide Loss Day

November 21, 2026

- **Medford Library**
- **Doors open 9:30-10am**
- **10am Film viewing & panel discussion**

Pre-registration required
jacksoncareconnect.org



November 21, 2026

Each year, AFSP supports hundreds of large and small Survivor Day events across the globe, in which suicide loss survivors come together to find connection, understanding and hope through their shared experience. While each event is unique and offers various programming, all feature an AFSP-produced documentary that offers a message of growth, resilience and connection.

Questions?

For more information call or email:
WinterSpring
(541) 552-0620
roberts@iactinicahealth.org

Local Event Information

Medford Library
205 South Central Avenue
Medford, OR 97501
Pre-Registration is Required (seating is limited)

Doors open at 9:30AM-10:00AM
Check-in and Refreshments

Program begins at 10:00AM
Opening Remarks

Viewing of 2025 Film

Local Panel/Group Discussion/Closing



afsp.org/SurvivorDay



WinterSpring
grief education and support



Jackson Care Connect™

Part of the CareOregon Family



Presented by



PointClickCare Training

Join us to help improve and promote collaboration across all settings to close gaps in care, especially for high-needs, high-risk members.

REGISTER FOR OCTOBER 29th

REGISTER FOR NOVEMBER 5th

When: 10/29/2026 1:00pm-2:30pm

11/5/2026 9:00am-10:30am

**Note: The content will be the same at both sessions, individuals only need to register for one event.*

Where: Virtual Teams Event

For:

- Program directors/managers utilizing PointClickCare or developing clinic workflows
- Agency staff who engage with the platform
- Quality Improvement (QI) leads
- Agency leadership who support PointClickCare optimization



Suicide Prevention Training Resources

Suicide Prevention Training & Resources

Jackson Care Connect has assembled a list of suicide prevention training opportunities and resources available locally or online.



[Suicide Prevention Training & Resources - Smartsheet.com](https://smartsheet.com/sheets/suicide-prevention-training-resources)



JCC 2026 Learning Series Resources

Interested in future sessions?

- Check the JCC Learning Series webpage for announcements and registration links

JCC Learning Series

<https://jacksoncareconnect.org/providers/jcc-learning-series>

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Part of the CareOregon Family

Am I EligibleMembersProvidersCommunity partners

JCC Learning Series

Home / Providers / JCC Learning Series

Advancing health equity, access and quality care

Join us for this dynamic, free virtual learning series designed to empower professionals in physical and behavioral health and community-based organizations. Enhance your skills and **earn Continuing Education Units (CEUs) and Continuing Medical Education credits (CMEs)** in support of providing members with high-quality, compassionate, informed care.

Audience: Providers and care teams, behavioral health professionals, community-based organizations staff, health-equity advocates, and anyone else committed to improving care for the communities we serve.

When: Every other month starting February 2026.

Can't make a live session? No problem. Each session will be recorded.

What to expect

- Sessions grounded in **advancing health equity**
- **Virtual format** (attend from anywhere!)
- Sessions prioritized for **CEU and CME credit**
- **Interpretation** to ensure inclusive participation

Series core values

- **Valuable, timely sessions**
- **Practical tools and strategies** to improve access, outcomes and culturally connected care
- **Cultivating network connections** to build collaboration across systems of care

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Jackson Care Connect™

Oregon Listening Project

- [Oregon Listening Project](#)

About Us

The Oregon Listening Project is a statewide effort funded by the Oregon Health Authority. It aims to better understand the lives of young people (age 24 and under) who have died by suicide or suspected suicide. The heart of our work is to provide suicide loss survivors with an opportunity to tell the story of their loved one in an effort to promote healing, better understand the many factors that contribute to profound loss, and ultimately make positive change locally and statewide. Certified by the National Association of Retrospective Fatality Analysts, we listen to your perspective, uncover contributing factors, address gaps in supportive systems, and inform future prevention efforts.

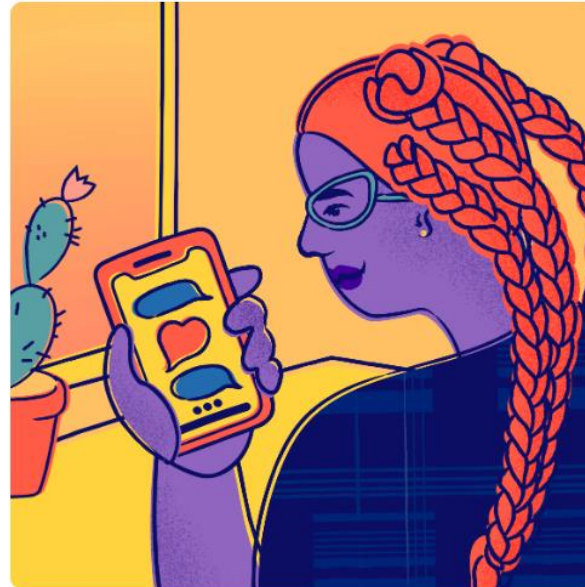
988- Partner Tool Kit

- This partner toolkit is designed to help you raise awareness of 988 in your community and explain what people can expect when they reach out. The materials included have been shaped by community input and tested through research to ensure they resonate with the people we're trying to reach.



Trevor Project- Crisis Support

24/7 Suicide
Hotline for LGBTQ
Youth - We're here
for you Now



Text us from anywhere,
anytime.

Message and data rates may apply.

Reply HELP for help.

Reply STOP to cancel.

Message frequency varies.

View our terms at <https://trvr.org/terms-of-service> and our
privacy policy at <https://trvr.org/privacy-policy>

Text 'START' to 678-678

What to expect +

Trans Lifeline

- Hotline - Trans Lifeline

“Trans Lifeline’s Hotline is a peer support phone service run by trans people for our trans and questioning peers. Call us if you need someone trans to talk to, even if you’re not in a crisis or if you’re not sure you’re trans”

US (877) 565-8860

CAN (877) 330-6366



Thank you!

If you have questions about the series, you can reach out to:

Riah Safady, JCC Health Equity Manager

safadyr@careoregon.org

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